

Once In A While III

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Music: STAR CD: # 518 flip: "Annientamento" available from Palomino Records 1-800-328-3800
Rhythm: Foxtrot / Jive **RAL Phase III +2**[weaves & telemark] **Timing: SQQ or** as indicated in left margin
Footwork: Opposite, except where noted for woman in parentheses **Suggested Speed:** slow for comfort
Sequence: INTRO, A, A, B, C, B(1-15), ENDING **Release:** May 2007

INTRODUCTION

1-4 WAIT;; QK ROLL 3 to SCP; THRU SD CLOSE;

- 1-2 1d ft free man fcg WALL 1d palms tching wait 2 meas ;;
QQS 3 {roll 3} roll fwd & sd L away from ptr, cont roll bk R to fc, sd & fwd L, -; SCP/LOD
4 {thru sd cl} thru R, -, sd L, sd R to L; (thru L, -, sd R, cl L;) CP/WALL

PART A

1-4 WHISK ; WING [LW]; X HOVER BJO; X HOVER SCAR;

- 1 {whisk} fwd L, -, sd & fwd R comm. rise, XLIB of R cont rise to ball of ft leadg W to SCP; SCP/LOD
{NOTE: The 2nd time thru PART A, meas 1 will start fcg DLW – but still end SCP/LOD}
2 {wing} fwd R, -, comm. upper body LF trn & draw L twd R, tch L besd R w/left sd stretch; SCAR/DLW
(W: fwd L comm. LF trn, -, cont trn fwd R arnd ptr, cont trn fwd L arnd ptr w/head well left);
3 {cross hover bjo} XLIF of R across LOD, -, sd & fwd R w/slight rise trng LF, rec L; BJO/DLC
4 {cross hover scar}XRIF of L across LOD, -, sd & fwd L w/slight rise trng RF, rec R; SCAR/DLW

5-8 X HOVER SCP/LC; THRU SCP CHASSE; PROMENADE WEAVE ;;

- 4 {cross hover scp} XLIF of R across LOD, -, sd & fwd R w/slight rise leadg W to SCP/DLC, sd & fwd L; SCP/DLC
SQ&Q 6 {thru chasse} thru R, -,sd L/cl R, sd L; SCP/DLC
7 {prom weave} fwd R, -, fwd Ltrng LF to CP, cont trn sd & bk R to CBMP; fc DRW
(fwd L, -, sd & bk trng LF to CP, cont trn fwd L;) CBMP/DRW
QQQQ 8 bk L still in CBMP, bk R trng LF in CP, cont trn sd & fwd L, fwd R; BJO/DLW

REPEAT PART A

PART B

1-4 HOVER SCP; HOVER FALLAWAY;SLIP PIVOT to BJO; MANUV;

- 1 {hover scp} fwd L to CP, -, fwd & sd R w/slight rise & trng LF, sd & fwd L; SCP/DLC
2 {hover fallawy} thru R, -, staying in SCP fwd R rising on ball of ft & checking, rec bk R; SCP/DLC
(thru L, -, staying in SCP fwd R rising on ball of ft & checking, rec bk L;
3 {slip pivot} bk L leading W to trn LF, -, bk R passing besd L keepg left leg extd, fwd L outsd W in BJO;
(bk R comm. LF pivot on ball of right ft, -, cont trng fwd L to CP, bk R;) BJO/DLW
4 {manuv} comm. RF trn fwd R across LOD, cont trng RF in frnt of W sd L, cl R; CP/RLOD

5-8 2 RIGHT TURNS;;OK TWIST VINE 8;;

- 5 {2 r trns} bk L comm. RF trn, cont trn sd R, cl L; CP/DRC (W: fwd R comm. RF trn, -, cont trn sd L, cl R);
6 comm. RF trn fwd R, -, cont trng sd L, cl R; CP/WALL
QQQQ 7 {qk twist vine 8} sd L, XRIB (W: XLIF), sd L, XRIF (W: XLIB); BJO/DLW
QQQQ 8 repeat meas 7;

9-12 HOVER SCP; WEAVE 6 [SQQ] to SCP;; FWD HOVER BJO;

- 9 {hover} repeat meas 1;
10 {weave 6 to scp} fwd R, -, fwd L trng LF to CP, sd & bk R to CBMP; fc DRW
(fwd L, -, sd & bk trng LF to CP, cont trn fwd L;) CBMP/DRW
11 bk L still in CBMP, -, bk R trng LF to CP, cont trng to SCP sd & fwd L; SCP/LOD
(fwd R still in CBMP, -, fwd L trng LF to CP, cont trng to SCP sd & fwd R;)
12 {fwd hover bjo} fwd R in CP comm. leading W to trn LF, -, fwd & sd L w/rise & LF trn, rec fwd R; (W: fwd L
comm. LF trn, -, cont trn sd & bk R, bk L;) BJO/DLW

13-16 BK HOVER SCP; FWD PU CLOSE; SCOOT 4; QK TELEMAR SCP & THRU;

- 13 {bk hover scp} bk L comm leading W to CP, -, bk R w/rise trng LF, cont trn to SCP sd & fwd L; SCP/LOD
14 {fwd pu cl} fwd R, -, sm sd & fwd L, cl R; (W: fwd L comm. LF trn, -, cont trn sd R in frnt of M, cl L;) CP/LOD
QQQQ 15 {scoot 4} fwd L w/scoot action, cl R, fwd L w/scoot action, cl R; CP/LOD
QQQQ 16 {qk telemark scp & thru}fwd L comm. LF trn, cont trng sd R arnd W, sd & fwd L SCP/LOD, thru R trng to fc
WALL; (W: bk R trng LF bringing L to R no wgt, cont trn on R heel rise & chg wgt to L, sd & fwd R in scp, thru L;)
[blend to loose CP/WALL for JIVE]

PART C [JIVE]

1-4 CHASSE L & R; CHG PLACES R to L ~ L to R;;;

- 1a2,3a4 1 {**chasse l & r**} [in loose CP/WALL] sd L/cl R, sd L, sd R/cl L, sd R; loose CP/WALL
 1,2,3a4 2 {**chg pl r to l**} rk bk L to SCP, rec R, sd L/cl R, sd L trng ¼ LF; LOP/LOD
 (rk bk R to SCP, rec L, sd R/cl L, fwd R trng ¾ RF undr jnd ld hnds to fc RLOD;)
 1a2,3,4 3 sd & fwd R/cl L, sd R, (W: sd & bk L/cl R, sd L,) {**chg pl l to r**} rk bk L, rec R; (W: rk bk R, rec L;) LOP/LOD
 1a2,3a4 4 sd L/cl R, sd L trng ¼ RF, sd R/cl L, sd R; (fwd R/cl L, fwd R trng ¾ LF undr ld hnds, sd L/cl R, sd L;) LOP/WALL

5-8 CHG HNDS BEH the BK ~ CHG HNDS BEH the BK;;; RK BK REC SD CLOSE;

- 1,2,3a4 5 {**chg hnds beh bk**} rk bk L in LOP, rec R, fwd L/cl R, fwd L trng ¼ LF chg to R-R hndhold beh m's bk;
 (bk R, rec L, fwd R/cl L, fwd R trng ¼ RF;)
 1a2,3,4 6 sd R/cl L, sd R cont trng ¼ LF (RF) to fc ptr & COH chg to lead hndhold, {**chg hnds beh bk**} rk bk L, rec R;
 1a2,3a4 7 fwd L/cl R, fwd L trng ¼ LF (RF) chg to R-R hndhold beh m's bk, sd R/cl L, sd R cont trng ¼ LF (RF); LOP/ WALL
 1,2,3,4 8 {**rk bk, rec sd cl**} rk bk L, rec R, sd L, cl R; CP/WALL

9-12 CHASSE L & R; CHG PLACES R to L ~ L to R to SCP;;;

9-12 repeat meas 1-4;;; but end in SCP

13-16 FALLAWAY THROWAWAY ~ LINK TO CP/WALL;;; RK BK, REC, SD CLOSE;

- 1,2,3a4 13 {**fallawy throwawy**} rk bk L, rec R, sd L/cl R, sd L comm. ¼ LF trn; (W: rk bk R, rec L, PU R/L, R;)
 1a2,3,4 14 cont trn to LOP/LOD sd R/cl L, sd R, (W: sd & bk L/cl R, sd L,) {**link to CP**} rk bk L, rec R; (W: rk bk R, rec L;)
 1a2,3a4 15 sm chasse fwd L/R, L, trng RF to CP sd R/cl L, sd R;(W:sm chasse fwd R/L, R, trng to CP sd L/cl R, sd L;)CP/WALL
 1,2,3,4 16 {**rk bk, rec sd cl**} rk bk L, rec R, sd L, cl R; CP/WALL

REPEAT PART B (1-15)

ENDING

1 OK TELEMARK 2 & APT ;

- QQS 1 {**qk telemark 2 & apt**} fwd L comm. trng LF, cont trng to SCP/LOD sd R, sd L, ack ptrn; ½ OP/LOD
 (W: bk R trng LF heel trn bringing L to R no wgt, cont trn on R heel & rising chg wgt to L, sd R, ack;)
 [end with lead hnds extd to sd while looking at ptrn]

Once In A While III Quick Cues Sequence: Intro- A-A-B-C-B(1-15) -Ending

INTRO

In OP/WALL, ld palms tchg WAIT;; QK ROLL 3; THRU SD CLOSE;

PART A

WHISK; WING to LW; X HOVER to BJO; THEN SCAR;

X HOVER to SCP/LC; THRU SCP CHASSE; PROM WEAVE;; **Repeat PART A**

PART B

HOVER SCP; HOVER FALLAWAY; SLIP PIVOT BJO; MANUV;

2 RIGHT TURNS;; QK TWIST VINE 8;;

HOVER SCP; WEAVE 6[SQQ] to SCP;; FWD HOVER BJO;

BK HOVER SCP; FWD PU CL; SCOOT 4; QK TELEMARK & THRU; **Fc Wall – JIVE**

PART C

CHASSE L & R; CHG PLACES R to L ~ L to R to FC;;;;

CHG HNDS BEH the BK ~ CHG HNDS BEH the BK to FC;;; RK APT, REC, SD, CLOSE;

CHASSE L & R; CHG PLACES R to L ~ L to R to SCP;;;;

FALLAWAY THROWAWAY ~ LINK TO CP/WALL;;; RK APT, REC, SD, CLOSE; to **FOXTROT**

PART B [1-15]

HOVER SCP; HOVER FALLAWAY; SLIP PIVOT BJO; MANUV;

2 RIGHT TURNS;; QK TWIST VINE 8;;

HOVER SCP; WEAVE 6[SQQ] to SCP;; FWD HOVER BJO;

BK HOVER SCP; FWD PU CL; SCOOT 4;

END

QK TELEMARK 2 & APT;